

The Drayton Valley Western Review

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Tuesday, April 5, 2016



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Communit
Service

12

Find your roots

A Genealogical
Fair is coming to
Drayton Valley on
April 23 with
keynote speakers

4



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Vol. 51 No. 14

Sno Cone Day at Park Valley Pool



Cathy Weetman Western Review

One-year-old Max enjoys swim time at the Park Valley Pool on March 31 while his mom looks on. Because of spring break, the pool offered a different activity every day. On this day, swimmers could enjoy a cherry flavoured sno cone for a dollar from 1 p.m. to 7 p.m. (See more photos on page 15).

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News

Local businesses want to see a tax reduction

Manda Lulla
Western Review

Various business owners and representatives were at the governance and priority meeting on March 30 discussing a tax cut for Drayton Valley.

The group requested the Town council to roll back five per cent of taxes for everyone to bring it to the 2014 level and refrain from any further tax increases.

"We wish to express our serious concern with the level of municipal taxation, spending priorities and business decisions of

this Council, particularly in these difficult times," read a document that had about 223 signatures in favour of reducing tax rate.

Mayor Glenn McLean explained that the tax cut group is asking for a roll back to a total of 7.65 per cent with five per cent plus the anticipated interim opera- "a budget number which is 7.75 per cent."

"We are very concerned with last year's tax increases of approximately five per cent in 2015 and a rumored 2.5 per cent increase in

2016, without any obvious effort to first implement all options to reduce expenses," stated the document.

The group asked council's opinion on rolling back taxes, to which Mayor Glenn McLean said administration has yet to do their homework and provide council with various options after which time Council can make a responsible decision.

Administration had been asked to keep looking for savings and efficiencies after the interim budget was passed in December 2015 and report back to

Council before budget is finalized in April 2016.

"I don't think anyone on council can say 'no, it can't be done' but we would like to hear from administration first," said McLean.

The group shared the document that had about 223 signatures showing their support for reduction in taxes.

"The group members were asking council to go through each budget item and come up with cut-backs that would help out the community in tough times."

"We are the messenger and this is what we are hearing in the community," said one member of the group, Mike Ferrey.

Mayor Glenn McLean said the Council is listening to what the community has to say and it will make a decision after administration provides various options.

APRIL IS NATIONAL POETRY MONTH



Manda Lulla Western Review

The White Stuff, a local writers group that meets at the Drayton Valley Municipal Library is pictured (above) practicing the art of Black Out Poetry.

The local group and the library are celebrating Canadian poets this April for National Poetry Month. The theme this year is The Road.

Throughout the month of April, all patrons are invited to create their poetic pose on this year's theme "The Road" using various poem styles such as Pocket Poetry, Book Spine Poetry and Black Out Poetry. The Drayton Valley Municipal Library with the Town and local artists are asking for public participation to submit poems, maximum of 4 lines for the opportunity of their piece being included in Art in the Park.

On April 20 the library will host a poetry night including local Cowboy Poet Lloyd Dolan and a local Slam Poetry group.

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Join us April 5 for seed planting & gardening tips.

April 26 Horticulturist Joan will speak about small space and container gardening.

May 10 we will and our Gardening Series with a Garden Plant Swap.

To Register for one or all of these Free Series call 780.514.2228

SINGLE & PARENTING!
Main Library 2:00 - 4:00 pm
Join our group Saturday April 9 & 23.
Share tips and ideas over coffee!

STAINED GLASS
April 28 - May 12
Location: Nonsect Building Classroom 3
Thursdays 5:30-8:30pm Cost: \$175.00
Learn techniques and produce a beautiful stained glass masterpiece. Linda will take you through step by step of how to produce stained glass. No tools or experience necessary.

For more info or to register call Sheila at 780-514-2560 or programmingcoordinator@draytonvalley.ca

HOME SUPPORT
Drayton Valley and District FCS is looking for individuals who are interested in receiving affordable Home Support.

What is Home Support?
Home Support Workers can help with household duties such as housekeeping and meal preparation. They are also there to provide information about other resources and programs available to you in the community.

Who qualifies?
Home Support is for individuals who are unable to manage household duties due to age, disability or illness and cannot afford to hire a private service.

To find out more please call 780-514-2206

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Drayton Valley & District Community Learning Association
Neptunes Swim Club

Drayton Valley Omniplex
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Operation Clean Sweep
Bring your friends! Tell your neighbours! Involve your business! It's time for a spring cleaning!

Join us for our annual Spring Clean-Up!

Date: Friday, April 22nd 2016 (Earth Day)
Time: 3:30 pm
Location: Rotary House
Food and refreshments will be provided after.

Register as an individual or group of 4-8 people.

Register and Volunteer with your business for recognition on our Town and Facebook pages!

The first 30 people to register will receive a free t-shirt.

Children under 12 must be accompanied by an adult.

For more information or to register please contact Angela at 780-514-2206

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News

WRSD promotes equality

Marta Lulla
Western Review

Wild Rose School Division board approved a policy in the hopes of providing a welcoming, caring, respectful and safe learning environment that respects diversity and fosters a sense of belonging.

Policy 20 focuses on promoting equal opportunity, dignity, and respect regardless of race, age, ancestry, place of origin, colour, religious beliefs, gender identity, gender expression, physical or mental disability, marital status and sexual orientation.

"We took and listened to the input we got from the community and we incorporated that. So one thing we made a change to is parental rights. Parental rights came up again and again during feedback. Another one was the washroom," said Superintendent of Schools Brad Volkman.

The policy has been submitted to the Minister of Education.

The policy is based on Bill 10 that all school boards in Alberta had to abide by.

The board has a committee that made a draft policy and put it out in the community to receive feedback from parents, community, schools etc and after receiving comments further changes were made.

As far as parental rights go, the policy will protect the confidentiality of all staff and students while also respecting the legal and fundamental rights of parents and guardians to make informed decisions regarding the education of their children. This includes being kept aware of significant issues in the lives of their children unless it is determined that sharing such information would put the wellbeing of the child at risk.

Another feedback received from the community was regarding wash-

rooms. Volkman confirmed that the guidelines they received from Alberta government weren't clear on that particular issue.

"The guidelines were broad and general. If you look at it, they are there to try to encourage schools to support transgender students but they didn't give any practical know-how," he said.

According to the policy, whenever appropriate there will be a private, lockable washroom and it will be made to all students, staff and visitors.

"Most of our schools may have a washroom and might be called a staff washroom or something else. We can take that sign off. It's true for gas stations, they have one washroom with a key," explained Volkman while providing an example.

"That [washroom] can be used not just for transgender students but any student or staff member," he said.

Got a news tip?

Call the Western Review editorial department at 780-542-5380

County to host conference for farmers

Justine Kinnison
Western Review

The Brazeau County Agricultural Services Division is putting on a Growing Into the Future Conference on April 16 at Breton Community Centre.

Topics that will be discussed at the conference include various farming practices and programs available for landowners.

"It is a one day conference open to the public to come and learn about new farming practices, such as how to use drones in your farming operation. Incorporating solar into your facility and what kinds of grants are available to landowners," said Brazeau County agricultural fieldman Lisa Rabel.

The registration cost for the event is \$20 and will include lunch. Rabel encourages anyone interested in attending the conference to register by April 11 by calling (780) 542-7779.

"It provides a venue for landowners to learn about up and coming issues and new tools to use when farming to increase their efficiency," she said. "Hopefully, they will gain knowledge of using these new technologies within their operations."

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our editorial

Drayton Valley's Legacy

The Drayton Valley and District Legacy Project Society has been working hard on the Legacy Project with a goal to preserve, depict and research oral and written records of Drayton Valley and the surrounding area.

The Western Review has been pitching in the project as it has copies of old newspapers.

Phase one of the project was to convert all earlier newspapers into digital format.

The Town of Drayton Valley is seeking help with some of the missing newspapers. The editions are August to December 1966. Coun. Graham Long at a recent Town council meeting asked for public's input with the missing editions.

Anyone who has old newspapers at home can check if they have some of the editions that are needed and they would be helping preserve the legacy of the Town of Drayton Valley and surrounding area.

Phase two of the project needs the community to pitch in. In this phase, the Town will be collect-

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These books don't balance

Last weekend, I was home craving a few appetizers like steak bites or deep fried pickles. But I was too lazy to go out and get any because Sunday is my lazy day. Isn't it everyone's?

So, I made do with some frozen pizza. While I ate that monstrosity, I did what we all do and logged on Facebook.

As journalists, we are almost steered towards all kind of stories from Jan Chonowicki's verdict to hijacking of an Egypt Air flight. We look at it with some objectivity and overtime it doesn't affect us as much.

But something happened that made me drop that lifeless pizza slice back on my plate. Fluids Brewhouse and Grill is now closed. I would no longer get deep fried pickles at Fluids. I refused to believe it and called them up.

The post was true. Fluids is now closed.

The restaurant where I have spent some time with a few friends is one among the many landmarks that our town is losing. It's another victim of the worsening economic climate. I say another because just a few weeks ago, I learned that the Thunder in the Valley race was being cancelled as well. Primarily,

because of lack of sponsorships given the current economic climate. That truly is saddening and disappointing to see because the Northern Thunder Classic Car Club worked hard to try and get funding from the local municipalities last year. They needed the money to conduct repairs at the local airport where the event takes place annually.

You can't blame anyone considering things haven't picked up in a while.

At a recent Town meeting, some members from the business community requested the Town Council roll back taxes five per cent to bring it to 2014 level and refrain from any further increases until the economy bounces back. The group had been surveying various people from a cross-

section in the community and had about 223 signatures supporting lowering taxes.

I am sure the group is listening to the community and know that people are hoping for a break. The group's advice to council was to take a look at their budget and start cutting.

Meanwhile, Town Council wants to cut taxes, too, because they listen to the community as well, but they are thinking about the services they offer because every-

body is pressured to balance their books.

I can, personally, understand cutting costs just like most of you out there.

As of late, I have gotten the habits of a 15-year-old teenager that wants to eat and sleep but doesn't want to cook and clean. I prefer to buy the ready-to-eat, easy to cook variety rather than actually cooking.

In the long term, eating out gets expensive. I am not doing too well, but I know if I can shake the teenager off and be a 1.5e adult, a healthy and affordable lifestyle won't be far off.

Although before that happens, I think I should get myself a sub. But I promise to be prudent starting tomorrow.

Marta Lalla

Opinion

Everybody should watch this documentary

"Wow" is the only word I can think of to describe a documentary that was shown at Brian's House of Coffee on March 28.

The documentary was called "Home" and described in both words and stunning aerial photographs how the balance of nature has been disrupted by human-kind over time resulting in irreparable environmental damage to the planet.

Did you know there is very little snow left on Mount Kilimanjaro? Did you know that the polar ice cap is melting at a rate of nine per cent each decade and has melted faster in the past 20 years than in the past 10,000? Or that the Jordan River is basically down to nothing more than a trickle?

And then when the documentary showed an aerial view of the Olanids, I wanted to stand up and apologize for the way that area looks now.

While the majority of the documentary described doom and gloom, the last 10 minutes showed how some countries are actually stepping up to the plate to prevent

further environmental damage, so there may be hope for Planet Earth after all.

After the documentary, Danielle Moulé, who organized the movie and coffee night, asked attendees if they thought they could do something to help save the planet. My environmental hang up is having too many plastic bags around my office and house. It's at the point where I either have to turn them into braided rugs or turn them over to a bag-recycling station. I also had some 55 reusable Walmart bags,

which ended up in a storage locker in Fort Saskatchewan. Obviously, they are of no use if they're being stored.

If anybody thinks there hasn't been much environmental damage done to the planet, I urge them to watch the Home documentary for themselves.

There is a saying, "A picture is worth a thousand words" and it's particularly true in this documentary. Even if there had not been any sound, the aerial photographs speak for themselves.

Can we save the planet? Only if enough people are willing to admit there's a problem and work together to solve it.

Mark Smith, MLA
Drayton Valley-Devon

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For the man in your life:
Northern Thunder Classic Auto
Club is holding a swap meet,
Sat. April 16, 9am-4pm

needed everything - an organization, players, coaches, parents, volunteers, sponsors, the much too scarce ice time and enthusiasm. We got it all and Drayton Valley Ringette has faced and overcome the many challenges and obstacles.

Due to the tremendous support over the years, Ringette has proven that a little encouragement, a lot of determination, dedication and hard work does go a long way.

My vision of just seeing a team in league play at a competitive level has definitely been met and surpassed. The growth and success of Ringette in our community has shown that pulling together to give a new sport a chance has taken root. The talent and enthusiasm of this group has brought Ringette to where it is today - far beyond my expectations.

Lorraine Pohl (charter year)
Drayton Valley

Kudos to Drayton Valley Ringette

Dear Editor,

Way to go Drayton Valley Ringette! The 2015-16 season has been a very impressive one seeing three teams - U12, U14, U19 - making it to the Provincial playoffs.

I had the opportunity to see my vision of 25 years ago become a reality as I watched the U12 (Riot) and the U14 (Impact) teams in action. What I saw was amazing. These girls truly have a passion for Ringette, which is all about skill, spirit and love of team play. To now see my granddaughters play is wonderful.

Drayton Valley Ringette charter year was 1990-1991 when the foundation was laid down, taking baby steps, introducing a new sport.

The early beginnings were a huge learning experience as we

needed everything - an organization, players, coaches, parents, volunteers, sponsors, the much too scarce ice time and enthusiasm. We got it all and Drayton Valley Ringette has faced and overcome the many challenges and obstacles.

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STIHL TORO

Opinion

Digging canals with a spoon

Some years ago, there was a story told about some back-and-forth banter about jobs, that occurred between a federal cabinet minister and an opposition MP. The Minister insisted that he and the members of his governing party had singlehandedly created a large number of new jobs.

Further than accepting the statement as fact, the opposition MP asked the Minister to explain. How exactly had he and his government created the new positions? And if they really did have a sure-fire formula for job creation, why had they stopped at 20,000 new jobs or 20,000? Why hadn't they created 50,000 new jobs or even 100,000?

It soon became apparent that the Minister couldn't easily explain when jobs came from, or how they're actually created. Neither did he seem to understand that employment and wealth creation are different.

Not all jobs are equal. Some jobs create wealth, while others create it. Wealth-creating jobs add value to things. Paying someone to do work that doesn't need doing will create a job, but if the cost of creating it exceeds the value that it adds, the job will actually consume wealth rather than expand or create it. In other words, there are jobs that pay people to be inefficient or to do work that doesn't need doing.

An example of this can be seen in a famous story

told by a Nobel Prize winning economist who toured Asia. While there, he visited a waterway where a massive canal was being built. The economist was shocked to see that not a single piece of earth-moving equipment was employed. Instead, massive numbers of workers had been equipped with shovels.

The economist turned to the government bureaucrat travelling with him to ask why machines and heavy equipment weren't being used. The bureaucrat responded, "Oh, you misunderstood. This is a jobs program." The economist replied, "Oh, I thought you were trying to build a canal. If it's more jobs you want, why didn't you hire them to dig canals instead of shovels?"

The bureaucrat didn't connect the ideas of jobs, value, and wealth. The economist did.

Historically, many governments have tended to view jobs as existing apart from value or wealth. The private sector is quite different. If a new job doesn't facilitate the process of adding value and creating wealth, private companies won't create new positions.

The simple fact is that generally speaking, governments don't create jobs. The best they can do is establish policies that allow private investors to create jobs. It's a co-jobs-ship. Government's role is to

be the midwife, creating an environment that enables human creativity to be exercised. To attract investment, government has to restrain costs, avoid unnecessary regulation, ensure that the rules are reasonable, predictable, and reliable, and then stay away from stifling business and industry. If the private sector feels it can trust the government, it will respond to this environment by taking its investment capital, thereby creating jobs.

Unfortunately, Alberta's current government has spent almost an entire year erecting obstacles and sending negative signals to the business and investment community. The result is that many investors are pulling out. To be sure, energy prices are down, but energy prices are down everywhere. Yet only in Alberta do we see the kind of interest and animosity that has emerged between government and business.

The above article was co-authored by a small group of Official Opposition MLAs who met weekly, get together to talk through a legislative policy issue. As part of the process, a short commentary is compiled and then edited.

HAVE YOU SEEN THE NEW

RE/ESTATE?

LOOK INSIDE TODAY'S WESTERN REVIEW

DRAYTON VALLEY PHOTO RADAR NOTICE

This week photo enforcement will be conducted at the following locations:

- Highway 22
- 43 Street
- 50 Street
- 42 Avenue
- 43 Avenue
- 45 Avenue
- 46 Avenue
- 47 Avenue
- 49 Avenue
- 50 Avenue
- 55 Avenue
- Bockett Road
- Madsen Avenue
- All other areas where speeding is a concern

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Regular Cattle Sales
Every Monday at 9:00am
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First Thursday of Every Month at 6:00pm

• MONTHLY HORSE SALE AT 6pm
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Unreserved Real Estate, Equipment & Consignment Auctions

Unreserved Real Estate Auctions

SELLING 12 PARCELS of agricultural land, residential and acreages Located in Northern Alberta in conjunction with Grimshaw (Apr 22) & La Crete (Apr 28) Consignment Auctions
www.teamauctions.com for full details

May 28 Garnet Brydges
2 lots, Sengule AB
in conjunction with Entwistle Consignment Auction

May 28 Mark Drobst
3.41 acre acreage, Wilmaman AB
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Jun 8 7 Serviced Lots
Covley AB - Select from 28 available lots. Lot sizes are between 3 and 4.5 acres. Located in Crownest these areas.
Part of NW 35 7 30 W4
Part of SW 35 7 30 W4

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May 14 High Level, AB Gator's Lawn Care
May 21 La Crete, AB John & Margaret Krohn
Jun 10 Hines Creek, AB George & Tara Friesen
Jun 11 Hines Creek, AB Bernhard & Helen Gerbrandt
Jun 25 Burne Lake, BC Desmond & Ranch Ltd
Jul 16 Westlock, AB James & Gleanor Oleski

Unreserved Consignment Auctions
www.teamauctions.com for full listings

Apr 22 10 am Grimshaw, AB
Isaac Peters 780-634-7072

Apr 28 9 am La Crete, AB
David Froese 780-841-7737

May 28 10 am Entwistle, AB
Brandon Wright 780-899-5603
Justin Mayer 780-899-9050

Jun 4 10 am Cleardale, AB
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Jun 18 10 am Westlock, AB
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TEAM AUCTIONS

12 pm Sat Apr 16 Unreserved Auction for Michael and Valerie Symchuk - Jarvie, AB

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10 am Sat Apr 23 Unreserved Auction for Trevor Leach - Barrhead, AB

Here is your opportunity to purchase a quarter section of good cultivated grain land rated mostly #2 soil, located just southwest of Barrhead. This farm has yard, home, and shop would make an excellent start to your farming career or addition to your existing farming operation.

L-1: NW 23-58-4-W5 ±147.13 Acres (Home ¼)

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10 am Sat May 7 Unreserved Auction for the Late George Semenik - Evansburg, AB

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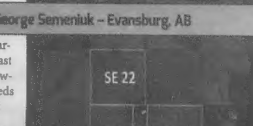
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Open House April 2
10 am - 5 pm



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WHAT HAPPENED THEN: MAY 19, 1965

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Steakettes Orange Ginger Ale **1.10**

Beef lb. 49¢ Tide **1.39**

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Cottage Rolls 69¢ Deep Brown Beans **1.00**

FRUITS AND VEGETABLES MARGARINE **4.10**

Watermelon 51.09 NIBLET CORN **5.10**

Tomatoes 35¢ Miracle Whip **69¢**

Carrots 39¢ Cheese **39¢**

ROGER D. CONGER
DRAYTON VALLEY ALBERTA

The above advertisement is taken from an older edition of the Western Review from May 1966. The ad shows various prices that you probably won't see today when you shop at supermarkets.

Western Review archive

News

Churches unite for a community Good Friday service

Marta Lulla
Western Review

Various local churches and their members gathered at the MacKenzie Conference Centre on Good Friday for the annual Community Good Friday Service.

"It shows the unity of churches. It's not about one church; it's about the church in Drayton Valley," said Pastor Lorne Trudgian from Calvary Baptist Church, who is part of the planning committee for the event.

The community church service was in its eighth year and many local families from Drayton Valley and Brzeau County area came to participate.

The planning and steering committee of the event included Pastor Lorne Trudgian from Calvary Baptist Church, Pastor Randy Rye from Life Church, John Haxson from Drayton Valley Alliance Church, Evan Baum from Drayton Valley Church of God, Rod For-

tin from Valley Worship Assembly and Mark Tableman from Ignited Church and Ministries.

This year, there was a children's service running at the same time as the adults' service right next door with Fortin.

"This is the first year we have added a children's component from ages four to 12 and that's with Rod (Fortin). Because he's a new pastor, he comes with that experience, so we asked him," said Trudgian.

He added that the committee is hoping to "children's service could be permanent to attract young children."

Children learned about Easter and the resurrection of Christ at their service and danced to songs about Jesus.

At the service, more than \$4,100 was collected in donations by the people and donated to the Drayton Valley Food Bank.

"It shows that we pull together. We love our community so we are able to give," said Trudgian.



Children got their own service for the first time at the eighth annual Good Friday Community Service. They learned about Easter, prayed (above) and danced (below) to tunes about Jesus.



Marta Lulla Western Review
A performance by a band started off the eighth annual Good Friday Service at the MacKenzie Conference Centre. Pictured above is the band and Pastor Mark Tableman (second from left in the front) who was MC'ing the service.

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News

Fire department gives hoverboard safety tips

Justin Minodan
Western Review

The Drayton Valley/Brzeau County Fire Services would like to inform the public about the proper use of hoverboards.

A hoverboard is a self-balancing scooter and is considered both a toy and transportation.

There are signs to look for to make sure hoverboards won't catch fire. Two of the biggest sources of hoverboard fires come from its lithium-ion battery or charger. Always check for leaking fluids, excessive heat, odour, sparks, or smoke.

Stop using hoverboards when these signs are noticed and call 911.

There are also tips on what to look for when purchasing a

hoverboard. The first thing to look at is buying a hoverboard is a seal of an independent testing laboratory. Always read and follow manufacturer's instructions. Ask an adult to charge a hoverboard and never leave it charging unattended. Stop using a hoverboard if it overheats.

FALSE ALARM

The fire department received a fire alarm call on March 25 at 5 p.m. The alarm came from 54 Avenue in Drayton Valley. It was found that there is no actual emergency and the people were just having trouble with their alarm.

On March 26 at 10:56 a.m., fire department responded to a fire alarm call. Investigations revealed that the alarm went off due to people changing the

smoke detector's batteries. Another fire alarm was received by the fire department on March 30 at 11:39 a.m., which turned out to be a false alarm.

GAS LEAK CALL

On March 27 at 12:15 a.m., the fire department received a gas leak call on 45 Avenue in Drayton Valley. There was no gas leak found.

TRAILER ON FIRE

The fire department responded to a camper trailer on fire at a parking lot at Whitty Hall on March 29 at 12:38 a.m. RCMP is still investigating the case.

EMS ASSISTANCE

The Station 2 fire department in Breton assisted EMS on March 30 on 53 Avenue in Breton.

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April 2016

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Tues, Wed April 5 & 6	Standard First Aid
Thur, April 7	Ground Disturbance
Fri, April 8	Confined Space
Sat, April 9	Airbrakes
Sat, April 9	H2S Alive
Sat, April 9	Emergency First Aid
Sat, Sun April 9 & 10	Standard First Aid
Mon, April 11	Detection And Control
Tues, April 12	H2S Alive
Wed, April 13	Emergency First Aid
Wed, Thur, April 13 & 14	Standard First Aid
Mon, April 18	Ground Disturbance
Tues, April 19	Confined Space

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Grade 9 Open House & Registration Evening

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News

Brazeau County brings back the Interactive Career and Education Expo

Justine Klimoden
Western Review

The Interactive Career and Education Expo will take place on April 12 at the Drayton Valley Curling Rink and Lounge with school tours starting from 9 a.m. to 3 p.m. Doors will open to the general public from 4 p.m. to 7 p.m. The expo is being organized by the Brazeau County in partnership with the Town of Drayton Valley, Government of Alberta, Norquest College, and many others.

According to Wanda Compton, Manager of Economic Development and Communications for Brazeau County, the

expo is an opportunity for businesses, institutions, students, and job-seekers to network with each other.

"It is for businesses of all sizes and sectors and organizations of both non-profit and government to create awareness of the variety of career options and possible job openings that are available to both our youth, students, as well as to the general public," Compton said. "What we are attempting to do is to educate people on what would be needed for a chosen career path and to allow individuals to make proactive education choices while they are there. It is also a chance to meet with businesses and

organizations and post-secondary institutions."

Students are encouraged to attend the expo as it may help them decide on their future career paths.

"It is an opportunity to get educated and find out what skill sets may be needed in a certain career," said Compton. "It is an opportunity for Grade 10 and Grade 11 students to talk to businesses first hand about what specific skills will be needed in that chosen career so they can choose their courses that would be fitting to a certain career path."

People who are looking to switch careers may also benefit from attending the expo.

"It could be for the general public, too," said Compton. "For someone who is seeking a job or somebody who is looking to transition to another career, especially with the way the economy is right now and not sure what is out there, it is an opportunity for them to come and see first hand."

Compton added that aside from businesses and organizations being able to inform the public about different job opportunities, businesses and organizations may "promote their products and services and to network within their local community."

The first Interactive Career and Education Expo was held in

2014. Compton said it was such a success that it was decided to bring the expo back this year.

"We hosted this event in 2014 and we said out. It was a very successful event. We had favourable feedback so we opted to have this as a bi-annual event and then in the alternate years we do our business breakfast for businesses," she said. "We do have quite a variety of exhibitors this year. In addition, we have a number of post-secondary institutions and we have the interactive component which was really neat and was very popular last time."

Drayton Valley and District FCSS to recognize volunteers

Justine Klimoden
Western Review

The annual Volunteer Appreciation Night organized by the Drayton Valley and District Family and Community Support Services (FCSS) will take place on April 13 at the Mackenzie Conference Centre. Doors open at 5:30 p.m. and dinner starts at 6:00 p.m.

"It is a great opportunity to honour the volunteers in our community and it is during Volunteer Appreciation Week, which is from April 10 to 16," said Drayton Valley and District FCSS program assistant Jennifer Pynn. "Volunteers are such a vital resource in Drayton Valley. Every year they donate countless hours of their time in our community to carry out the roles of many service groups and organizations. There are so many projects, ideas and groups that wouldn't be where they are today without the dedication and passion of volunteers. Make sure you take some time to thank the volunteers in your organization during National Volunteer Week this year."

Dinner and entertainment are on the agenda for the night.

"We have Cobblestone, who is going to

be catering the event, and then we have Danny Hooper, who is going to be our entertainment for the night. Hooper is a musician and entertainer. He is also a fund raising auctioneer and media personality. He was actually born in Tomahawk," said Pynn. "It is a really good opportunity for us to thank the volunteers in our community. We like to give out door prizes and have a slide show with pictures from all the different volunteers and different organizations."

Tickets are available for \$10 each, and can be purchased at the town office. Pynn encourages anyone interested in attending the event to buy tickets as soon as possible.

"If people think they want to attend they should get their tickets soon because we do tend to sell out rather quickly. We have about 260 tickets and they go fast. If people are thinking about it, don't wait. Come and get your tickets," she said. "If they want to get invoice or anything like that, they can give me a call at (780) 514-2206 and I can set up invoicing, too. For organizations who are unable to afford to purchase tickets, they can give me a call and I can help them out with subsidy for them."

SCI Drayton Valley & Brazeau Bowhandlers Host

2016 NASP Provincials

April 27th–30th

April 27: 12pm-6pm

April 28-30: 10am-7pm

Wellhouse Supply Warehouse

5416 Industrial Rd, Drayton Valley

Spectators welcome! Free Admission!
Over 1,100 archers in Grades 4-12 from across the province will be competing at this exciting event!

For more information on this event, including on how to volunteer, please find us on Facebook at SCI Drayton Valley Chapter or call 780-898-9445. Check out our website at scldrdraytonvalley.com to find out what other amazing things SCI Drayton Valley is doing in our community and how you can become a member!

News

Kelsey Kramer still missing

NAOCC
On behalf of Sgt Pultrus

Please be advised, this female is STILL missing. If you have specific information regarding the whereabouts of Kelsey KRAMER please contact Drayton Valley RCMP at (780) 234-6527.



Submitted
Kelsey Kramer
of Drayton
Valley is still
missing. Police
are asking for
the public's
assistance in
locating her.

Thorsby/Breton RCMP lay numerous charges

Cathy Weetman
Western Review

The Mounties got their man.

Following a rash of Break and enters in the Genesee area, and with the assistance of rural residents, on March 26, Thorsby/Breton RCMP arrested and charged a 25 year old male, Knig Jacob, in connection with these crimes.

Jacobi is facing the following charges:

- 1) Breaking and entering x 2
- 2) Break and enter to steal firearms
- 3) Possession of stolen property x 3
- 4) Trafficking firearms

Jacobi was taken before a Justice of the Peace and remanded in custody. He is to appear in Breton Provincial Court on April 13th, 2016.

The RCMP want to thank the public for the numerous tips received in regards to these events.



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TODAY'S
WESTERN REVIEW

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When times are tough, we all need to make smart decisions to save money.

Starting April 1, 2016 the Alberta Government is saving taxpayers \$3 million a year by ending mailed renewal reminders for vehicle registrations, drivers' licenses and ID cards.

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News

BAGGING GROCERIES FOR DONATIONS



Mama Lulia Western Review

Cause for Critics committee members were at a local supermarket in Drayton Valley on March 28 helping customers with grocery bagging. In return, the members were hoping for a donation for their furry friends. The amount collected wasn't made available as of press time.



Bail denied a second time

Cathy Weetman
Western Review

A career criminal who was supposed to be part of a special preliminary inquiry on March 29 had the date changed to August 28 and 30 instead and was denied bail for a second time in Drayton Valley Provincial Court. The date was changed because Drayton Valley Court Judge's heard anything back from the Hinton Court house.

When court was held on March 1, Leo Desjarlais was already in custody at Edmonton's Remand Centre when Judge Marilyn White heard facts about a number of assaults and robberies that took place in a residence in Drayton Valley on September 21 of last year.

Crown Prosecutor Ron Hogan described Desjarlais as "a long term offender with a violent past and 62 prior convictions on his criminal record."

Crown Prosecutor Cecilia Martin asked Judge White to uphold the ruling denying bail to Desjarlais and to have no contact with any of the victims in the house, including

the mother of his two-year-old child and the child.

In court, Desjarlais asked to have the no contact order lifted from both of them, saying he really wanted to see his son. Judge White told him to contact his lawyer in order to make that happen.

In a civil trial, Court heard a case of non-payment of rent in which the property owners, Westpark Developments was charging a couple 100 percent interest in late fees for every day the balance of the rent was unpaid.

"That's excessive," stated Judge White. Judge White said she was concerned with the high interest fees and urged the couple and the representative from the development company to find a spare room in the building and work out some kind of payment arrangement for the rent arrears.

"You have to show good faith that you can pay, even if it's \$20 at a time," she said to the couple.

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Brazeau Gymnastics Club completes fall fundraiser

Cathy Weetman

Western Review
Brazeau Gymnastics Club's annual fall fundraiser paid off in a big way for the community. Under a project called Fundascrip, we sold gift cards in the community. We sold over \$91,000 worth of gift cards. In Stuckenburg, "People like them for Christmas presents."

She added the Fundascrip department heads were so pleased with the sale, they sent the club an oversized cheque with the amount the club earned, and all members had an opportunity to pose in a group photograph with it.

Club also held gym-a-thon

The club also held their annual gym-a-thon on March 12.

"The gym-a-thon is a chance for kids to show off their skills to their parents and win great prizes. This year the theme was "The Amazing Race." Kids had to work co-operatively to complete their skills to earn letters at each of four stations and then spell the word (Champion) at the end of the event," said Stuckenburg. "In order to participate the children had to fundraise a minimum of \$25. The top fundraising prizes included a balance beam and single high bar and a sleep-over in the gymnasium."

The event saw 28 recreational gymnasts take part in the gym-a-thon.

Some events coming up for the gymnastics club include a Gymnastics of the Month gala, where participants will receive awards and pins, and a gym fest in Edmonton and two meets in May and June.



Photo submitted

Picture are participants of the Brazeau Gymnastics Club with the oversized cheque sent to the club for selling over \$91,000 worth of Fundascrip gift cards. The cheque was presented at the club's gym-a-thon held March 12. The club plans to do it all again next season.

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Sports

Sno Cone Day at pool



Classmates (l. to r.) Tansley McGinn and Lauren Liska, both enjoy cherry flavored sno cones at the Valley Pool on March 31 after enjoying a swim. Tansley said her spring break this year has been "Awesome."



Two-year-old Auburn Scherger leaps joyfully into her mom's arms during the Sno Cone Swim at the Park Valley Pool on March 31. The pool held a week of specialty themed themes such as Sprinkler Day, Harellian Swim, Sprinkler Swim, Water Walkway, Jelly Bean Count and Easter Egg Hunt.

Got a news tip?

Call the Western Review editorial department at 780-542-5380

Drayton Valley Ringette
Notice of ANNUAL GENERAL MEETING
Tuesday, April 19, 2016 @ 7:00pm
in the Curling Rink Lounge
Registration available online
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Everyone Welcome

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Drayton Valley & District Soccer Association
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News

Uganda Choir comes to Drayton Valley

Mama Lulia
Western Review

Nine boys and nine girls are touring across Canada as part of the Watoto Children's Choir and they will be in Drayton Valley on May 17 and in Evansburg on Apr. 15. The group that goes by Choir 76 is returning to Canada with the production titled "Oh What Love!" The choir group, who were once orphans, share their journeys to redemption and demonstrate that there is a loving father for all mankind. "After losing my parents I felt alone, with no one to love me. Now I know that God is my father. He loves and cares for me. As I travel on the choir, I am going to show people that God loves them too," said six-year-old Jackie Nakku in a news release. The tour started in January in the eastern part of Canada and will conclude in B.C. in July.

"We started from Toronto and we have been driving west. Right now we are coming from Regina, going to Alberta, going to Edmonton, Calgary and we will eventually end up in B.C.," said team leader of Choir 76, Duncan Kyerekeka. Watoto, which means little children, is also the name of a church and child care ministries in Uganda, where the group is travelling from, in order to raise money. In 1994, Watoto Church founded Watoto Child Care Ministries, an international holistic care program that was initiated as a response for orphaned and vulnerable children and women in Uganda. Kyerekeka said there are about 4,000 children that are part of Watoto and the group ensures every child gets the opportunity to travel and help raise funds. Various groups travel to countries such as

U.S., U.K. and Canada. The production is indicative of emerging, modern Africa – a continent coming out of ruins and employing its true identity, stated a news release. Africa is coming of age and so are the people, the children and young adults who are the key to the future. "Oh What Love!" will be presented in Evansburg in April at Brightwood Camp at 7 p.m. and in Drayton Valley in May at the Ignited Church and Ministries at 7 p.m.

VALLEY VOICES COMMUNITY CHOIR
with special guests
"OH WHAT LOVE!"
"MOOSE TAILS AND BEAVER TAILS"
A Little Bit of Canadian Music
at the Evansburg Pick-Up Arts Centre on Saturday, April 16, 2016 7:30 P.M.
Tickets may be purchased from choir members or at Value Drug Mart
\$15 each
Please call Jennifer at 780-542-5454 for more information

Some roads will be closed for Triathlon

Mama Lulia
Western Review

The organizing committee of the fifth annual Drayton Valley Triathlon were at the Drayton Valley Town Council meeting requesting some road closures for the event on May 7. Closures requested include barricading the streets surrounding Rotary Park as well as streets being used to access the local trails.

Some of the closures include 51 and 52 Ave. between 49 and 48 St., 48 St. between 51 and 55 Ave., 55 Ave. between 48 St. and 43 St., and 55 Ave to Wester Ave. among others. The committee wanted to see closure along the north side of 50 Ave. between 43 St. and RR 73, but administration recommended closure only on the westbound lane. Mayor Glenn McLean and councillors discussed and decided to close both lanes and not just the westbound one just as the committee members wanted and were requesting.

TAX INSTALLMENT PLAN
Drayton Valley Town Council gave first reading to implementation of a tax installment payment plan for the Town. The proposed program offers automatic withdrawal of payment through taxpayer's financial institution towards their property tax account with the Town. Coun. Graham Long said the little change can help people in tough economic times. Coun. Debra Bossert reiterated that the plan will be valid for a year ahead and it will help people make payments for the year ahead. **MAYOR THANKS DELISLE**
Sgt. Chris Delisle was at Drayton Valley Town Council recently sharing both RCMP stats for the past two months and the news that he was going to be transferred away from Drayton Valley. Mayor Glenn McLean thanked Delisle for his service to the community especially when he became the acting detachment commander while the detachment was looking for someone permanent.

Need to get something off your chest?

E-mail letters to the editor to cweetman@postmedia.com

Public Notice

Bridge Construction Hwy 753

Alberco Construction Ltd. will be performing bridge repairs on the Hwy 753 bridge over the Pembina River, approx. 4km north of Lodgepole between Apr. 20 to Aug. 20, 2016. The bridge will be restricted to one 3.5m wide lane, and anyone planning on transporting large farm equipment across the bridge should please contact Alberco at 780-459-7110 a minimum of 4 days in advance of moving a wide load.



As a member of the LINDALE REA you are Invited to the Annual General Meeting

Tuesday April 19, 2016 7:00pm at the Berry Moor Centre

- 2015 financial statement will be presented
- Representatives from Alberta Federation of REAs and Forts will be in attendance
- Election of directors

You will know you are a member if your electricity bill has LINDALE REA LTD included in the customer information section, and you own the property. For more information: Phone - 780-542-2380

Email - lindalere@gmail.com
Visit our website - www.lindalere.com
Like us on facebook

COME AND FIND OUT THE ADVANTAGES OF MEMBERSHIP IN THE LINDALE REA

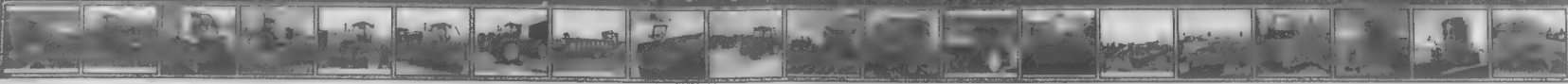


Place: Rimbey, Alberta • **Time:** 9:00 am
LOCATION:
Just East of Rimbey, off of Hwy 20

Please No Parking in the D-Boxes or on the Railway Right of Way.

[illegible][illegible]

Sale Conducted by: **Allen B. Olson Auction Service Ltd.** 
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News

MUSICAL THEATRE AND STAND UP COMEDY ROLLED IN ONE



Monta Lulla Western Review
Musical Theatre and stand up comedy in one. Bridget Ryan entertained the crowds at the Eleanor Pickup Arts Centre as they laughed at her hysterical jokes and stories. Ryan was accompanied by pianist Jon McMillan during the performance.



News

CAUSE FOR CRITTERS PET OF THE WEEK: TEE



Tee is a very special boy who has come a long way since being rescued with a litter of his siblings. He was the most cautious of the bunch who were all very scared! Tee, named after the black "T" shape that can be seen on his chest, has transformed from a ball of "hiss and claws" when picked up as a kitten, to a brave and social young fellow. Although he prefers to keep all four paws on the ground, Tee can be picked up without any fuss. He loves to play rough and tumble with his shelties and enjoys human affection, which is evident by both his purring and proximity. Tee has chosen Oscar, an older cat who looks just like him, as a mentor at the shelter - which is adorable to watch! Come meet these handsome fellows at the Cause for Critters animal shelter: Bay #3-5450-55 St., www.causeforcritters.ca, or 780-898-7077. Check out our new and more accessible evening and weekend hours!

AHS is offering workshops

Western Review

Alberta Health Services (AHS) is hosting health related workshops and is inviting the community to join in to learn about making positive lifestyle choices.

The workshops are offered as part of the Alberta Healthy Living Program (AHLIP), an AHS initiative designed to promote healthy living and provide easy access to helpful information.

The assortment of AHLIP workshops cover a range of information, including heart health, weight management, nutrition, diabetes care, chronic illness management and more.

One of the ongoing workshops is Better Chances, Better Health which is a self-management workshop to gain confidence and develop skills to overcome the physical and emotional challenges of living with a long-term health condition. This workshop is an ongoing series.

Diabetes the basics, Heart Wise and Sleep Well are some other work-

shops with one session.

Sleep Well is a new workshop that's been recently added to the list.

"Sleep Well is new due to demand and a lot of people complain about not being able to sleep. It seems to be a common problem for a lot of people with chronic conditions so this would help," said a call centre MacKinnon.

MacKinnon, Health educator for Alberta Healthy Living program.

Another workshop coming up in June and has three sessions is called Living Changes. The workshop deals with problematic eating.

According to MacKinnon, a workshop that's popular is super vision course that will be offered in July and is focused on group supervised exercise sessions by a physiotherapist.

Individuals can learn how to increase physical activity when living with a long term health condition, how to use exercise equipment safely and safe monitor like blood pressure.

"It's popular because it's a group session but it is led by a fitness

expert. It happens twice a year," said MacKinnon.

All workshops are held locally in the evenings or weekends and are free for the public.

MacKinnon said pre-registration is essential for all workshops. For registration call 1-877-314-4887.

HAVE YOU
HEARD THE NEWS

DV

estate?

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News

Maybe we should talk more about bees

What are the biggest problems facing human life right now? Overpopulation? Climate change? Loss of fresh water? How about loss of pollinators? This last one is not as big a headline as the former three. However, this threat is real, is happening right now, and is as urgent as the other major issues facing humanity and our beautiful planet. Many species of wild bees, butterflies and other pollinators are nearing extinction. And pollinators are essential to our food supply. At least half of the food we eat is edible on pollination. Many varieties of fruit, vegetables, nuts, seeds, and even coffee and chocolate, rely on pollinators. Bumblebees, one of the most common species of bee found in Alberta, pollinate tomatoes, egg plant, peppers, raspberries, blackberries, strawberries, blueberries, and cranberries, just to name a few. With out these pollinators, science has shown that yields of many crops decrease by more than 90%.

Why are pollinators dying? There are a variety of reasons, but they all have one thing in common: human activity. Habitat loss due to human expansion and modern agriculture is one big reason. Chemicals, in particular insecticides, is another major reason. Invasive species is a third reason, and climate change is a fourth. Although there are generally huge issues to take on, it is relatively easy for all of us to help pollinator populations. Here I will focus on bees, of which there are over 300 species in Alberta, though undertaking these actions will help all pollinators.

Avoiding chemicals in your gardening is the single biggest thing you can do to help pollinators - though avoiding chemicals in your life in general will go a long way toward helping every species on the planet. In particular, avoiding pesticides, especially when flowers are in bloom, will greatly help our busy friends. Creating bee habitat will also help bees survive and thrive. Bees are not overly picky creatures, and will make a home out of a variety of different materials. Some bees live in colonies, while others live alone. Some bees make their home in the ground. Others prefer old, rotting wood. Leaving some old wood sticks lying around may encourage bees to take up residence in your yard. Pieces of wood with holes in them are also bee-friendly habitat. Using an internet search of the phrase "insect hotels" will conjure up many images of suitable bee housing. Placing a bee bath near your bee housing will further encourage bees to buzz about. Line a shallow bowl or plate with rocks. Add a little water, but make sure the rocks are sticking out. These rocks will serve as landing pads for bees (they cannot land in water). Place the bath at ground level in your garden, and refresh the water daily.

The last, and most obvious thing you can do to help bees is to plant bee food in your garden. Bees eat two things: nectar and pollen. Choose a variety of plants that flower at different times so that there's always bee food around. Choosing native plants will attract native bees, while exotic plants



Evolving Community
Daneetta Mould

will attract honeybees. Wildflowers are the best native food for bees. Think of a wild meadow - if you emulate this in your yard, you will likely have many happy bees buzzing. Good flower colours for bees include blue, purple, violet, white, and yellow. And, because different bee species have varying tongue lengths, a variety of flower shapes in your garden will benefit the diversity of bee species. Plant flowers of a single species in clumps about four feet in diameter, rather than in neat rows, so that bees are more likely to find them. Here are some suggestions of plant species that attract bees, organized by when they bloom:

SPRING AUCTION CALENDAR

Unreserved Auction for Land and Real Estate	
Date: Saturday, April 9, 2016	Location: Imperial, Alberta
Unreserved Auction for Land and Real Estate	
Date: Saturday, April 16, 2016	Location: Imperial, Alberta
Unreserved Auction for Land and Real Estate	
Date: Saturday, April 23, 2016	Location: Imperial, Alberta
Unreserved Auction for Land and Real Estate	
Date: Saturday, April 30, 2016	Location: Imperial, Alberta
Unreserved Auction for Land and Real Estate	
Date: Saturday, May 7, 2016	Location: Imperial, Alberta
Unreserved Auction for Land and Real Estate	
Date: Saturday, May 14, 2016	Location: Imperial, Alberta
Unreserved Auction for Land and Real Estate	
Date: Saturday, May 21, 2016	Location: Imperial, Alberta
Unreserved Auction for Land and Real Estate	
Date: Saturday, May 28, 2016	Location: Imperial, Alberta

Weight	Stakes	Reserve
600 lbs Steers/Heders	\$1.50/\$1.20	\$140.00/\$100.00
800 lbs Steers/Heders	\$1.60/\$1.30	\$150.00/\$110.00
1000 lbs Steers/Heders	\$1.70/\$1.40	\$160.00/\$120.00
1200 lbs Steers/Heders	\$1.80/\$1.50	\$170.00/\$130.00
1400 lbs Steers/Heders	\$1.90/\$1.60	\$180.00/\$140.00
1600 lbs Steers/Heders	\$2.00/\$1.70	\$190.00/\$150.00
1800 lbs Steers/Heders	\$2.10/\$1.80	\$200.00/\$160.00
2000 lbs Steers/Heders	\$2.20/\$1.90	\$210.00/\$170.00
2200 lbs Steers/Heders	\$2.30/\$2.00	\$220.00/\$180.00
2400 lbs Steers/Heders	\$2.40/\$2.10	\$230.00/\$190.00
2600 lbs Steers/Heders	\$2.50/\$2.20	\$240.00/\$200.00
2800 lbs Steers/Heders	\$2.60/\$2.30	\$250.00/\$210.00
3000 lbs Steers/Heders	\$2.70/\$2.40	\$260.00/\$220.00
3200 lbs Steers/Heders	\$2.80/\$2.50	\$270.00/\$230.00
3400 lbs Steers/Heders	\$2.90/\$2.60	\$280.00/\$240.00
3600 lbs Steers/Heders	\$3.00/\$2.70	\$290.00/\$250.00
3800 lbs Steers/Heders	\$3.10/\$2.80	\$300.00/\$260.00
4000 lbs Steers/Heders	\$3.20/\$2.90	\$310.00/\$270.00
4200 lbs Steers/Heders	\$3.30/\$3.00	\$320.00/\$280.00
4400 lbs Steers/Heders	\$3.40/\$3.10	\$330.00/\$290.00
4600 lbs Steers/Heders	\$3.50/\$3.20	\$340.00/\$300.00
4800 lbs Steers/Heders	\$3.60/\$3.30	\$350.00/\$310.00
5000 lbs Steers/Heders	\$3.70/\$3.40	\$360.00/\$320.00
5200 lbs Steers/Heders	\$3.80/\$3.50	\$370.00/\$330.00
5400 lbs Steers/Heders	\$3.90/\$3.60	\$380.00/\$340.00
5600 lbs Steers/Heders	\$4.00/\$3.70	\$390.00/\$350.00
5800 lbs Steers/Heders	\$4.10/\$3.80	\$400.00/\$360.00
6000 lbs Steers/Heders	\$4.20/\$3.90	\$410.00/\$370.00
6200 lbs Steers/Heders	\$4.30/\$4.00	\$420.00/\$380.00
6400 lbs Steers/Heders	\$4.40/\$4.10	\$430.00/\$390.00
6600 lbs Steers/Heders	\$4.50/\$4.20	\$440.00/\$400.00
6800 lbs Steers/Heders	\$4.60/\$4.30	\$450.00/\$410.00
7000 lbs Steers/Heders	\$4.70/\$4.40	\$460.00/\$420.00
7200 lbs Steers/Heders	\$4.80/\$4.50	\$470.00/\$430.00
7400 lbs Steers/Heders	\$4.90/\$4.60	\$480.00/\$440.00
7600 lbs Steers/Heders	\$5.00/\$4.70	\$490.00/\$450.00
7800 lbs Steers/Heders	\$5.10/\$4.80	\$500.00/\$460.00
8000 lbs Steers/Heders	\$5.20/\$4.90	\$510.00/\$470.00
8200 lbs Steers/Heders	\$5.30/\$5.00	\$520.00/\$480.00
8400 lbs Steers/Heders	\$5.40/\$5.10	\$530.00/\$490.00
8600 lbs Steers/Heders	\$5.50/\$5.20	\$540.00/\$500.00
8800 lbs Steers/Heders	\$5.60/\$5.30	\$550.00/\$510.00
9000 lbs Steers/Heders	\$5.70/\$5.40	\$560.00/\$520.00
9200 lbs Steers/Heders	\$5.80/\$5.50	\$570.00/\$530.00
9400 lbs Steers/Heders	\$5.90/\$5.60	\$580.00/\$540.00
9600 lbs Steers/Heders	\$6.00/\$5.70	\$590.00/\$550.00
9800 lbs Steers/Heders	\$6.10/\$5.80	\$600.00/\$560.00
10000 lbs Steers/Heders	\$6.20/\$5.90	\$610.00/\$570.00
10200 lbs Steers/Heders	\$6.30/\$6.00	\$620.00/\$580.00
10400 lbs Steers/Heders	\$6.40/\$6.10	\$630.00/\$590.00
10600 lbs Steers/Heders	\$6.50/\$6.20	\$640.00/\$600.00
10800 lbs Steers/Heders	\$6.60/\$6.30	\$650.00/\$610.00
11000 lbs Steers/Heders	\$6.70/\$6.40	\$660.00/\$620.00
11200 lbs Steers/Heders	\$6.80/\$6.50	\$670.00/\$630.00
11400 lbs Steers/Heders	\$6.90/\$6.60	\$680.00/\$640.00
11600 lbs Steers/Heders	\$7.00/\$6.70	\$690.00/\$650.00
11800 lbs Steers/Heders	\$7.10/\$6.80	\$700.00/\$660.00
12000 lbs Steers/Heders	\$7.20/\$6.90	\$710.00/\$670.00
12200 lbs Steers/Heders	\$7.30/\$7.00	\$720.00/\$680.00
12400 lbs Steers/Heders	\$7.40/\$7.10	\$730.00/\$690.00
12600 lbs Steers/Heders	\$7.50/\$7.20	\$740.00/\$700.00
12800 lbs Steers/Heders	\$7.60/\$7.30	\$750.00/\$710.00
13000 lbs Steers/Heders	\$7.70/\$7.40	\$760.00/\$720.00
13200 lbs Steers/Heders	\$7.80/\$7.50	\$770.00/\$730.00
13400 lbs Steers/Heders	\$7.90/\$7.60	\$780.00/\$740.00
13600 lbs Steers/Heders	\$8.00/\$7.70	\$790.00/\$750.00
13800 lbs Steers/Heders	\$8.10/\$7.80	\$800.00/\$760.00
14000 lbs Steers/Heders	\$8.20/\$7.90	\$810.00/\$770.00
14200 lbs Steers/Heders	\$8.30/\$8.00	\$820.00/\$780.00
14400 lbs Steers/Heders	\$8.40/\$8.10	\$830.00/\$790.00
14600 lbs Steers/Heders	\$8.50/\$8.20	\$840.00/\$800.00
14800 lbs Steers/Heders	\$8.60/\$8.30	\$850.00/\$810.00
15000 lbs Steers/Heders	\$8.70/\$8.40	\$860.00/\$820.00
15200 lbs Steers/Heders	\$8.80/\$8.50	\$870.00/\$830.00
15400 lbs Steers/Heders	\$8.90/\$8.60	\$880.00/\$840.00
15600 lbs Steers/Heders	\$9.00/\$8.70	\$890.00/\$850.00
15800 lbs Steers/Heders	\$9.10/\$8.80	\$900.00/\$860.00
16000 lbs Steers/Heders	\$9.20/\$8.90	\$910.00/\$870.00
16200 lbs Steers/Heders	\$9.30/\$9.00	\$920.00/\$880.00
16400 lbs Steers/Heders	\$9.40/\$9.10	\$930.00/\$890.00
16600 lbs Steers/Heders	\$9.50/\$9.20	\$940.00/\$900.00
16800 lbs Steers/Heders	\$9.60/\$9.30	\$950.00/\$910.00
17000 lbs Steers/Heders	\$9.70/\$9.40	\$960.00/\$920.00
17200 lbs Steers/Heders	\$9.80/\$9.50	\$970.00/\$930.00
17400 lbs Steers/Heders	\$9.90/\$9.60	\$980.00/\$940.00
17600 lbs Steers/Heders	\$10.00/\$9.70	\$990.00/\$950.00
17800 lbs Steers/Heders	\$10.10/\$9.80	\$1000.00/\$960.00
18000 lbs Steers/Heders	\$10.20/\$9.90	\$1010.00/\$970.00
18200 lbs Steers/Heders	\$10.30/\$10.00	\$1020.00/\$980.00
18400 lbs Steers/Heders	\$10.40/\$10.10	\$1030.00/\$990.00
18600 lbs Steers/Heders	\$10.50/\$10.20	\$1040.00/\$1000.00
18800 lbs Steers/Heders	\$10.60/\$10.30	\$1050.00/\$1010.00
19000 lbs Steers/Heders	\$10.70/\$10.40	\$1060.00/\$1020.00
19200 lbs Steers/Heders	\$10.80/\$10.50	\$1070.00/\$1030.00
19400 lbs Steers/Heders	\$10.90/\$10.60	\$1080.00/\$1040.00
19600 lbs Steers/Heders	\$11.00/\$10.70	\$1090.00/\$1050.00
19800 lbs Steers/Heders	\$11.10/\$10.80	\$1100.00/\$1060.00
20000 lbs Steers/Heders	\$11.20/\$10.90	\$1110.00/\$1070.00
20200 lbs Steers/Heders	\$11.30/\$11.00	\$1120.00/\$1080.00
20400 lbs Steers/Heders	\$11.40/\$11.10	\$1130.00/\$1090.00
20600 lbs Steers/Heders	\$11.50/\$11.20	\$1140.00/\$1100.00
20800 lbs Steers/Heders	\$11.60/\$11.30	\$1150.00/\$1110.00
21000 lbs Steers/Heders	\$11.70/\$11.40	\$1160.00/\$1120.00
21200 lbs Steers/Heders	\$11.80/\$11.50	\$1170.00/\$1130.00
21400 lbs Steers/Heders	\$11.90/\$11.60	\$1180.00/\$1140.00
21600 lbs Steers/Heders	\$12.00/\$11.70	\$1190.00/\$1150.00
21800 lbs Steers/Heders	\$12.10/\$11.80	\$1200.00/\$1160.00
22000 lbs Steers/Heders	\$12.20/\$11.90	\$1210.00/\$1170.00
22200 lbs Steers/Heders	\$12.30/\$12.00	\$1220.00/\$1180.00
22400 lbs Steers/Heders	\$12.40/\$12.10	\$1230.00/\$1190.00
22600 lbs Steers/Heders	\$12.50/\$12.20	\$1240.00/\$1200.00
22800 lbs Steers/Heders	\$12.60/\$12.30	\$1250.00/\$1210.00
23000 lbs Steers/Heders	\$12.70/\$12.40	\$1260.00/\$1220.00
23200 lbs Steers/Heders	\$12.80/\$12.50	\$1270.00/\$1230.00
23400 lbs Steers/Heders	\$12.90/\$12.60	\$1280.00/\$1240.00
23600 lbs Steers/Heders	\$13.00/\$12.70	\$1290.00/\$1250.00
23800 lbs Steers/Heders	\$13.10/\$12.80	\$1300.00/\$1260.00
24000 lbs Steers/Heders	\$13.20/\$12.90	\$1310.00/\$1270.00
24200 lbs Steers/Heders	\$13.30/\$13.00	\$1320.00/\$1280.00
24400 lbs Steers/Heders	\$13.40/\$13.10	\$1330.00/\$1290.00
24600 lbs Steers/Heders	\$13.50/\$13.20	\$1340.00/\$1300.00
24800 lbs Steers/Heders	\$13.60/\$13.30	\$1350.00/\$1310.00
25000 lbs Steers/Heders	\$13.70/\$13.40	\$1360.00/\$1320.00
25200 lbs Steers/Heders	\$13.80/\$13.50	\$1370.00/\$1330.00
25400 lbs Steers/Heders	\$13.90/\$13.60	\$1380.00/\$1340.00
25600 lbs Steers/Heders	\$14.00/\$13.70	\$1390.00/\$1350.00
25800 lbs Steers/Heders	\$14.10/\$13.80	\$1400.00/\$1360.00
26000 lbs Steers/Heders	\$14.20/\$13.90	\$1410.00/\$1370.00
26200 lbs Steers/Heders	\$14.30/\$14.00	\$1420.00/\$1380.00
26400 lbs Steers/Heders	\$14.40/\$14.10	\$1430.00/\$1390.00
26600 lbs Steers/Heders	\$14.50/\$14.20	\$1440.00/\$1400.00
26800 lbs Steers/Heders	\$14.60/\$14.30	\$1450.00/\$1410.00
27000 lbs Steers/Heders	\$14.70/\$14.40	\$1460.00/\$1420.00
27200 lbs Steers/Heders	\$14.80/\$14.50	\$1470.00/\$1430.00
27400 lbs Steers/Heders	\$14.90/\$14.60	\$1480.00/\$1440.00
27600 lbs Steers/Heders	\$15.00/\$14.70	\$1490.00/\$1450.00
27800 lbs Steers/Heders	\$15.10/\$14.80	\$1500.00/\$1460.00
28000 lbs Steers/Heders	\$15.20/\$14.90	\$1510.00/\$1470.00
28200 lbs Steers/Heders	\$15.30/\$15.00	\$1520.00/\$1480.00
28400 lbs Steers/Heders	\$15.40/\$15.10	\$1530.00/\$1490.00
28600 lbs Steers/Heders	\$15.50/\$15.20	\$1540.00/\$1500.00
28800 lbs Steers/Heders	\$15.60/\$15.30	\$1550.00/\$1510.00
29000 lbs Steers/Heders	\$15.70/\$15.40	\$1560.00/\$1520.00
29200 lbs Steers/Heders	\$15.80/\$15.50	\$1570.00/\$1530.00
29400 lbs Steers/Heders	\$15.90/\$15.60	\$1580.00/\$1540.00
29600 lbs Steers/Heders	\$16.00/\$15.70	\$1590.00/\$1550.00
29800 lbs Steers/Heders	\$16.10/\$15.80	\$1600.00/\$1560.00
30000 lbs Steers/Heders	\$16.20/\$15.90	\$1610.00/\$1570.00
30200 lbs Steers/Heders	\$16.30/\$16.00	\$1620.00/\$1580.00
30400 lbs Steers/Heders	\$16.40/\$16.10	\$1630.00/\$1590.00
30600 lbs Steers/Heders	\$16.50/\$16.20	\$1640.00/\$1600.00
30800 lbs Steers/Heders	\$16.60/\$16.30	\$1650.00/\$1610.00
31000 lbs Steers/Heders	\$16.70/\$16.40	\$1660.00/\$1620.00
31200 lbs Steers/Heders	\$16.80/\$16.50	\$1670.00/\$1630.00
31400 lbs Steers/Heders	\$16.90/\$16.60	\$1680.00/\$1640.00
31600 lbs Steers/Heders	\$17.00/\$16.70	\$1690.00/\$1650.00
31800 lbs Steers/Heders	\$17.10/\$16.80	\$1700.00/\$1660.00
32000 lbs Steers/Heders	\$17.20/\$16.90	\$1710.00/\$1670.00
32200 lbs Steers/Heders	\$17.30/\$17.00	\$1720.00/\$1680.00
32400 lbs Steers/Heders	\$17.40/\$17.10	\$1730.00/\$1690.00
32600 lbs Steers/Heders	\$17.50/\$17.20	\$1740.00/\$1700.00
32800 lbs Steers/Heders	\$17.60/\$17.30	\$1750.00/\$1710.00
33000 lbs Steers/Heders	\$17.70/\$17.40	\$1760.00/\$1720.00
33200 lbs Steers/Heders	\$17.80/\$17.50	\$1770.00/\$1730.00
33400 lbs Steers/Heders	\$17.90/\$17.60	\$1780.00/\$1740.00
33600 lbs Steers/Heders	\$18.00/\$17.70	\$1790.00/\$1750.00
33800 lbs Steers/Heders	\$18.10/\$17.80	\$1800.00/\$1760.00
34000 lbs Steers/Heders	\$18.20/\$17.90	\$1810.00/\$1770.00
34200 lbs Steers/Heders	\$18.30/\$18.00	\$1820.00/\$1780.00
34400 lbs Steers/Heders	\$18.40/\$18.10	\$1830.00/\$1790.00
34600 lbs Steers/Heders	\$18.50/\$18.20	\$1840.00/\$1800.00
34800 lbs Steers/Heders	\$18.60/\$18.30	\$1850.00/\$1810.00
35000 lbs Steers/Heders	\$18.70/\$18.40	\$1860.00/\$1820.00
35200 lbs Steers/Heders	\$18.80/\$18.50	\$1870.00/\$1830.00
35400 lbs Steers/Heders	\$18.90/\$18.60	\$1880.00/\$1840.00
35600 lbs Steers/Heders	\$19.00/\$18.70	\$1890.00/\$1850.00
35800 lbs Steers/Heders	\$19.10/\$18.80	\$1900.00/\$1860.00
36000 lbs Steers/Heders	\$19.20/\$18.90	\$1910.00/\$1870.00
36200 lbs Steers/Heders	\$19.30/\$19.00	\$1920.00/\$1880.00
36400 lbs Steers/Heders	\$19.40/\$19.10	\$1930.00/\$1890.00
36600 lbs Steers/Heders	\$19.50/\$19.20	\$1940.00/\$1900.00
36800 lbs Steers/Heders	\$19.60/\$19.30	\$1950.00/\$1910.00
37000 lbs Steers/Heders	\$19.70/\$19.40	\$1960.00/\$1920.00
37200 lbs Steers/Heders	\$19.80/\$19.50	\$1970.00/\$1930.00
37400 lbs Steers/Heders	\$19.90/\$19.60	\$1980.00/\$1940.00
37600 lbs Steers/Heders	\$20.00/\$19.70	\$1990.00/\$1950.00
37800 lbs Steers/Heders	\$20.10/\$19.80	\$2000.00/\$1960.00
38000 lbs Steers/Heders	\$20.20/\$19.90	\$2010.00/\$1970.00

School notebook

Notebook continued
from page 25

DRAYTON CHRISTIAN
SCHOOL

"He is not here; he has risen, just as he said. Come and see the place where he lay." Mat thew 28:6 (NIV) Happy Easter! What a blessing to be able to celebrate the Good News and continue last week with spring break. We are thankful for the Easter story and the resurrection. We will soon be starting the after school guitar class taught by Rodney and Tracy Fortin. For registration or more information, please call or stop by our office!

A head's up that April 10th is a Professional Development Day for staff. While the students have no school that day, the teachers will be meeting with the teachers from Rocky Christian School.

We are excited to say that we are now preparing for the 2016-2017 school year. If you or someone you know is interested in enrolling your child(ren), please feel free to call our office or stop by for a tour and pick up a registration package. We are accepting registrations for full and part time kindergarten through Grade 9.

Parliament Update – Week of March 21, 2016

Jim Egliniski/MP for Yellowhead

Due to the Easter holiday, this was a short and, yet, productive week.

On Monday there was an Opposition Motion by the Conservative Party to recognize the work being done by Canada's Office of Religious Freedom and to call on the government to renew the current mandate of the Office.

The Liberal Government tabled its 2016-2017 Budget on Tuesday. See where the government is spending your taxes at: http://www.budget.gc.ca/2016/home-accueil_en.html

Debate for the Budget was suspended on Wednesday due to the sudden passing of Conservative MP Jim Hillier. I extended my deepest condolences to his wife, Livi, and their four children.

Debate resumed on Bill C-7, An Act to amend the Public Service Labour Relations Act, the Public Service Labour Relations and Employment Board Act and other Acts and to provide for certain other measures. I spoke on this bill and how it will impact the RCMP on Thursday, March 24. My comments can be found on page 24 of the following link: <http://www.parl.gc.ca/content/hoc/House/421/Debates/035/HAN035-6.PDF>

For more details on bills before Parliament, please see: <http://www.parl.gc.ca/LEGIS/Info/home.aspx?lang=eng> 1 & ParliamentSession 421

Throughout the week, I attended seven meetings and four events. The House will be down over the course of the next two weeks, and my next update will be on my travels in the riding during that time.

Jim Egliniski, MP – Yellowhead



Tweet us!

@Western_Review
@KimodenJ
@LMamta

MARK THESEEN
Drayton Valley, Alberta
Thursday, April 14th, Noon

DIRECTIONS: Hwy 1, Exit 10, Valley View Rd, 2nd McDonald's, Turnway 10 km to Hwy 66, North 2 km (East Side of the Road) – WATCH FOR SIGNS

CATTLE: • 20 – Black Angus Middle Aged Brood Cows • 2 – Red Angus Middle Aged Brood Cows • 3 – Black Angus Brood Heifers • 3 – Red Angus Brood Heifers • (Calving April – Some cows may be calving out by Sale Day) • 12 – Black Angus Heifer Calves • 2 Yr Old Purebred Black Angus Bull • 2 Yr Old Purebred Black Angus Bull (No Papers) • 2 – Yr Old Home Raised Black Angus Bulls (No Papers) • Cows & Bulls had Ivomec last fall and Heifer Calves had 8-Way & homoc

SEASONED, WELL BROKE TEAM ROPING HORSES: • Frackles, 16 Yr Old Papered Quarter Horse Gelding – 16 Hands • King, 20 Yr Old Quarter Horse Gelding – 15 Hands

SADDLES: • The Stockman's Stall 18" Roping Saddle (Made in Kilam, AB) • 16" Roping Saddle

FEED: • Approx. 70 – 2015 Alfalfa/Grass Mix Round Hay Bales • 80 – Oat Greenfeed Round Bales • 10 – Oat Straw Round Bales • 80 – Oat Straw Square Bales

MACHINERY: • John Deere 1360 13' Disc Bine • John Deere 510 Round Baler • New Holland 488 B Haybine • Massey Ferguson Square Baler

PANELS: • 20 – 24' Self Standing Cornal Panels • 8 – 20' & 18' Chain Link Panels

For additional pictures visit www.timberlandauctions.com

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THIS TUESDAY, APRIL 5, 2016!**

better SAVINGS

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or

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on a minimum \$50 grocery purchase!

With minimum \$50 grocery purchase, get 10% off your eligible grocery purchase or get 10 AIR MILES[®] Bonus Miles for every \$25 spent on eligible grocery purchase. Maximum purchase must be made in a single transaction. Limit of one offer per household. Offer valid Tuesday, April 5, 2016. Some conditions and restrictions apply. See Customer Services for complete list of exclusions.

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Community events

Drayton Valley Hearts & Hands Quilters will quilt show at the Mackenzie Conference Centre, 5747 - 46 Ave. on Friday, April 15, 11 a.m. - 8 p.m. and Saturday, April 16, 10 a.m. - 5 p.m.

Lindale Hall Public Market, April 16th, 10 a.m. to 3 p.m. To book a table call Lori 780-542-4418 or (cell) 780-898-6215. Jambooree coming on March 25.

Lindale Hall Mother's Day pancake breakfast, May 8 at 9 a.m. Music Jambooree upstairs at Drayton Valley 55+ Recreation Centre held the last Sunday of every month. Doors open at 12 noon and jam starts at 1 p.m. For more information phone 780-542-3768.

Monday's
• 55+ and Get Fit exercise class @ 10 a.m. at Sunrise Village (3902-47th St.) Exercises done from a chair. All seniors welcome.
• Film and third - Brain Injury Support Group meets @ Mitch's at 12:30 p.m.
• Bingo at the Drayton Valley Legion. Doors open at 5:30 p.m.
• Line dancing @ the Scout Hall, 7-8:30 p.m.
• Bingo Tomahawk Agra Centre, doors open at 6 p.m. Bingo at 7:30 p.m. 780-339-5423 or 780-339-3747 for information!

Tuesday's
• Anger hurts everyone. DV Family Support & Intervention Program, women's group, 7-8 p.m. 542-6702 for more info.
• 1st & 3rd Tuesday
• Royal Purple meetings, Westwind Motor Inn (upstairs), 7:30 p.m. Morna @ 542-2854 for info.

2nd Tuesday
• Merits Cultural Youth Society meets @ 7 p.m. at PMHS Outreach, 780-542-8386 for more info.
• Pre-school swim, 12-12:40 p.m. @ DV Pool, 698-2543 for info.

Wednesday's
• Derrick Toastmasters meet 7:30 p.m. @ MerQuest College Campus. Everyone welcome. Call Marnie @ 780-728-4932 for more info.
• 55+ and Get Fit exercise class @ 10 a.m. at Sunrise Village (3902-47th St.) Exercises done from a chair. All seniors welcome.
• DV Family Support & Intervention Program, men's group, 7-8 p.m. 542-6702.
• TDPS meetings, 12-2 @ Church of God, 542-4236, 542-4632.
• Warming Hearts Soup Kitchen, 11:30-1:30 @ Drayton Valley Royal Canadian Legion.

1st Wednesday
• Brazeau Regional Search and Rescue @ 7 p.m. Don @ 780-546-2817, new members welcomed.
• Buck Creek Community Assoc. general meeting.
• Women in the Wind meets @ 7 p.m. (COPES) meets, 7 p.m. Visit www.draytonvalleycop.com to get involved.

2nd Wednesday
• Jambooree @ Wildwood Community Hall. Doors open 5:30 p.m.
• DV Genealogical Society meets, 7 p.m. @ Wishing Well. For information call 780-542-2787.

3rd Wednesday
• DV Performing Arts Centre board meeting, 3:45 p.m. to 5:30 p.m.
• Wildwood Community Hall board meets, 7:30 p.m. @ the hall.
• DV & District Cancer Support Group meets, 11:30 a.m. Arcadia room, Westwind, Howard @ 780-542-2735 and Fern @ 780-542-5418 for info.
• DV and District Historical Society meets, 1 p.m. at senior's drop-in centre.

Thursday
• Narcotics Anonymous meetings, 7 p.m. @ United Church.
• Brighter Futures Indoor Playground in Violet Grove, 10-11:30 a.m. Call 780-314-5070 or 780-696-2543 for more information.
• Drayton Valley Fine Art Society PAINT IN! NOON at the Lutheran Church.

2nd Thursday
• Masonic Lodge meetings, 7:30 p.m. (780) 542-5475.
• DV Hospital Auxiliary meets, 7 p.m. @ the hospital.
• General meeting for Entwistle Community Hall @ the hall starting @ 7:30 p.m. except June, July, August.

3rd Thursday
• DV Hearts & Hands Quilters' Guild at Emmaus Lutheran Church, 8-7 p.m.
• Northern Thunder Classic Car Club meet every third Thursday of the month at 7 p.m. @ Speedy Glass.

4th Thursday
• DV & District Cancer Support Group meets, 11:30 a.m. Arcadia room, Westwind, Howard @ 780-542-2735 and Fern @ 780-542-5418 for info.

5th Thursday
• DV Family Support & Intervention Program, men's group, 7-8 p.m. 542-6702.
• TDPS meetings, 12-2 @ Church of God, 542-4236, 542-4632.
• Warming Hearts Soup Kitchen, 11:30-1:30 @ Drayton Valley Royal Canadian Legion.

CHURCH DIRECTORY

A LISTING OF DRAYTON VALLEY'S CHURCHES

"Together for Transformation"

Calvary
Super Church
4401 - 50th Ave
780-542-4774
www.calvarydrayton.com
Sunday Worship 10:30 AM
Youth & Ministries Info - calvapt@telus.net
Pastoral Team: Lane Dugan and Kristin Passer

The United Church of Canada
Sunday Worship at 10:30 am
Church Office 780-542-5743
Email: dvuc@telus.net • www.dvuc.ca
5629 - 48 Street, Drayton Valley

Drayton Valley Church of God 100th
Remembering the Struggles Following the Flood
1912-2012
5004 - 49 Street, Drayton Valley
Ph. 780-542-5091
Pastor: Ernie Bevan
SUNDAY SCHOOL: 10:00 a.m. Sept-June
WORSHIP SERVICE: 10:30 a.m.
YOUTH: Fri. at 7:00 p.m. during the school year
(if available, it will be available on Wednesdays)

Emmaus Lutheran Church
4604 - 50th Avenue, Drayton Valley
Phone 780-542-5101
Sunday Worship Service 10:30 a.m.
Bible Study 9:30 a.m.
Sunday School 9:30 a.m.
Rev. Steven Brummett
- Visitors Welcome -
Website: emmauslutheranvalley.ca
Listen to the Lutheran Hour Sunday at 5:30 a.m. on 1280 CFMR.

Drayton Valley Alliance Church
Celebrating 25 years 1991-2016
1000 - 48th St. SE
www.dvaliance.ca
Join us for Sunday Services at 10:30 am
Sunday School 9:30 am
Pastor: John Haezen

The Anglican Parish of All Saints'
5712 - 47th Avenue, Drayton Valley • Office Phone: 780-542-6068
Interim Priest
REV. MIRANDA SUTHERLAND
SUNDAY SERVICES
9:00 a.m. - Holy Communion and a short prayer
10:30 a.m. - Family Exhortation (see if available, please)
10:30 a.m. - Sunday School every Sunday Sept-June
www.allsaintsdraytonvalley.com

VALLEY WORSHIP
ASSOCIATION
Affiliated with the P.A.O.C.
Sunday Worship Service 10:30 am
Pastors: Rodney Fortin
Bible Study
Wednesday @ 7 pm
Located at Westwind Hotel, Lower Level
4225 - 50th Street, Drayton Valley, AB
For more information, please call 780-542-0517

ST. ANTHONY CATHOLIC CHURCH
4708 - 50 Avenue, Drayton Valley
Parish Office: 542-5254
Rev. Jeyo Rajan J.M., SAC
WEEKEND MASS SCHEDULE:
Saturday 5:00 p.m. Sunday 12:00 Noon

ignited
CHURCH & MINISTRIES
4551 - 41 Avenue
Pastors: Mark & Leanne Eschbacher
SUNDAY SERVICE 10:30 a.m.
(Please call our office at 780-542-5843
email: ignited@draytonvalley.com)

Homes

Super garden foods



Mark Cullen

Of all the newsletters that I receive, David Cohlmeier produces one of the best. He bills himself as a 'Sustainable Good Foods Consultant' (not to be confused with the bad foods variety). In a recent publication, David talks about the micro biome in our gut, where billions of bacteria live (probiotics). They are there to digest food, provide us with energy, produce crucial vitamins, regulate appetite, protect our immune system and fend off any harmful bacteria. Sounds like a big job.

Mr Cohlmeier refers us to a recent edition of the TV show 'The Nature of Things' in which the show recommends the top ten gut-friendly foods. Interestingly, the top 5 of these can grow in your garden, the bottom 5 not so much (i.e. nuts, yogurt, extra virgin olive oil, red wine and dark chocolate).

We are just days past the vernal equinox: Sunday the 20th of March at 12:30 a.m. It is spring. This is the time of year to decide what you will plant in your garden this year. I start sowing many of my veggie seeds this weekend.

Here are the top 5 super foods and how to grow them:
1. Jerusalem Artichoke. If you can grow twitch grass you can grow Jerusalem Artichokes. All they really need is soil of most any description (though loose and crumbly works best) and sunshine. Mother Nature will take care of the rest. Plant in a sunny position, as they are members of the sunflower family. Dig your first harvest next year and eat the root. David warns that they are difficult to digest and that the anicide is to eat more of them [!]. The tuberous roots are available at your garden retailer in the bulb section. Plant as soon as the soil is dry enough to work.

2. Leeks. Leeks really like me. I grow a lot of them. Start the seeds now and plant the stringy seedlings in late April or early May. Light frost will not hurt them if you harden them off before planting. Line them out in a shallow trench 8 cm apart, firm quality soil around the bottom circumference of the plant to stabilize it in the soil. Pull sun. Dress the root zone with compost or triple mix 5 cm. up the stem, a bit at a time over 8 to 12 weeks to create the white

blanching effect for mild, tasty leeks. Harvest late in the season, after a few early frosts, which intensifies their flavour.

3. Garlic. While autumn is the best time to plant garlic, you can plant them in the spring. The earlier the better. Line the cloves of seed garlic (i.e. grocery store garlic) about 15 cm apart in rows about 25 cm apart. Garlic loves the sun and cool temperatures. Come July, when they bolt 'pig tails' cut these 'scapes' off and use them. Come mid August dig up the garlic plants, let them dry in the sun for three days or more and then cure the bulbs under cover, out of the rain but in a well ventilated space.

4. Lentils. This is the 'year of pulses' and lentils belong in this family of leguminous plants. If this sounds mysteri-

ous keep an eye on your column as I will write about them soon. In the meantime, it is possible for you to grow this super food but frankly I don't know why you would. You can buy good, organic, Canadian grown lentils very cheaply. Space in the average garden is better suited to higher yielding crops. However, if you would like to grow lentils for fun, go for it. All you need is sunshine and open/feasible soil. Sow seeds after the threat of frost or start them indoors two weeks before the last frost and plant young transplants. Harvest when the pods have plumped up, like peas.

5. Apples. Cohlmeier says, 'An apple a day DOES keep the doctor away.' There are many dwarf and semi-dwarf varieties available at garden retailers in the spring. Many are well suited to city life if you have enough sunshine (minimum 6 hours per day). Forget trying to grow Granny Smith as our sea-

son is not long enough (unless you live in zone 7) and the great cooking apple Northern Spy is hopeless unless you are a teenager as it can take up to 14 years to produce its first crop. Otherwise, buy the variety that you like the best. Note that pollination in an urban environment is never a problem as pollinating bees travel far enough to mix it up with crabapples and the like.

I love an apple in the car: I munch and drive. When I get home I'll mix some nuts with a scoop of yogurt, enjoy a glass of red wine and finish it off with a snack of quality dark chocolate. That's 5 out of 10 super foods! This healthy lifestyle is not so hard to take. **Mark Cullen appears on Canada AM every Wednesday morning at 8:40. He is the Lawn and Garden expert for Home Hardware. Sign up for his free monthly newsletter at www.markcullen.ca**

FOR A FREE HOME EVALUATION
Century 21
please contact JOHN TKACHUK
anytime at 780-542-2121
John Tkachuk, Realtor
in Drayton Valley, AB
HERMAN ON THE POND
LAKELAND
DEAR LAKELAND
PRIVACY IN BIRCHWOOD
Call 780-542-2121

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